

# SWEET PEACE

Message from Goddess Mother

by Jan Diana

My Beloved Children,

My Message to you today is filled with great excitement, for you stand on the precipice of a new realm of higher thought, within the sweetness of peace.

What would it be like to have a greater view, a clearer insight into your life? Imagine having a higher awareness of what is happening and what is possible. It would be as if standing upon a tall mountain where the view of the valley can be witnessed in greater clarity and expanse.

Finding answers to issues is much easier from a higher point of view. As I speak of a higher thought, I am talking about a lighter vibration and frequency. It takes a higher vibration to find solutions to issues which were created in a lesser vibration.

The seeds for realms of higher thought have been planted. It is time for you to nurture those seeds into blossoming. Soon you will be able harvest all that you have prepared, beginning to direct consciously the elements of your life and become an empowered master creating and expressing your dreams.

As you ponder on these concepts I have shared to your mind and your heart, know that there are many ways to find the sweet peace that you so desire. Each pathway desires a conscious choice and action steps.

Spend some time pondering what you would like your life to look like. What would bring you the greatest pleasure and joy? Now in this time of new beginnings, the ideal motivation is whatever brings joy and passion to your life.

Ponder on these topics and begin to make a list of the dreams of your heart. Become very clear in knowing what you really desire and be willing to let go of the old stories and beliefs that have been limiting or blocking you from living your dreams.

Today I will share with you a gift which you can use each day to raise your vibration and frequency, lifting you into the higher realms of thought.

I share as a gift the sacred mantra Chalanaha in the language of love. It is sacred geometries, vibrations and tones which speaks to your heart.

Use this gift, 11 min of magic as a means to elevate, inspire and shift your energy to the higher realms of infinite possibilities.

1. Begin by centering in your heart.
2. Have your Dream list on hand
3. Chant 11 minutes of the mantra Chalanaha, with your voice or in your mind.
4. While chanting, let the vision of your dreams float through your mind, planting the seeds to manifest into your life.

Notice the magic unfold in your life, for you truly are the magic!

May you be in the sweetness of peace.

With great love,  
Your Beloved Mother

Jan Diana is an intuitive healer, spiritual teacher, and master practitioner.

Her mission is to assist clients and students in creating harmony, balance, heightened levels of clarity, develop innate gifts and abilities, empowering them on their personal evolution to create the dreams of their heart. She utilizes several modalities including SVH L3M, Animal healing, GHM, Language of love, Reiki Master, and more.

Sessions and Classes by phone. If you have questions or would like to set up a session, you can reach her at website [www.sunshineinyourheart.com](http://www.sunshineinyourheart.com)

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