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REMEMBERING THE WONDER OF YOU

By **Jan Diana**

Greetings, My Beloved Children of light,

“My message today is from my heart to yours. As we approach this union of time with each other, let us take a moment to ponder on the wonder of ourselves.

We are such delightful beings are we not! Imagining this wonder will open your hearts to receive my message for you today.

In the journey of life, you have dreamed to experience great wonders. Yes, you planned; let us call it an itinerary of great wonders to experience. Of course you were all-knowing when you made your plans, very aware and very excited.

Now you are in the timeframe of awakening to these plans. You are in the midst of recognizing and remembering more of your true self, that wise, loving being of infinite potential.

Let us ponder on this for a moment, Take this thought in, that you are a wonder, that you have innate abilities to live and experience those beautiful plans which you made for your life.

This thought of being a wonder, is stimulating a brain search, questions arising. “How can I be a wonder when I am having experiences that are less than what I desire? How may I make a greater connection to my true

self? What are my plans and how may I achieve them?”

As your brain is searching for the answers, you may hear the voice of the ego program file, the naysayer, which tries to negate your value through random inner dialogue. Telling you and trying to prove to you that you are less than your true wonder. It is a program file that suggests lesser value and is not your truth. The voice of the ego program file speaks of fear, distress, and limitations. It tries to keep you diverted, as if chasing rabbits, instead of being focused and in peace. Let us recognize this voice for what it is and what it is not, for it is not the voice of your truth.

What is the voice of my truth and how will I recognize it? The voice of truth is loving, sweet, peaceful, kind, never fearful, never speaks of lesser value. The voice of truth speaks of lightness, and joy always offering loving, support, wisdom and guidance.

With the knowledge of what the flavor of your voice of truth is, as you stimulate a brain search through questions, it will be easier for you to become aware and to recognize truth. Just as the Masters of light speak only of truth that is uplifting and free of any judgments of lesser value, so does your true self. Your knowing self, that sweet truth of self, answers you with truth that illuminates and blesses, offering wisdom and guidance.

Now with a discerning heart you will be able to recognize the voice of authentic truth. Isn't it wonderful to know how to seek for the answers which you long to hear and know?

Here is a simple exercise which you can use to help you connect to your voice of truth. First become heart centered. Be in your heart. Place your hand on your heart and breathe into your heart a few deep slow breaths. While breathing think or say the words, I love myself, I love myself, I love myself.

Now that you are centered in your heart, ask the questions, "Who am I? What is my truth?" Be in the moment and listen. You may hear, sense, or feel the answers as they flow to you in sweet whispers. Asking the questions stimulates the search and will bring forth answers.

When you feel your true self's response, it will be of sweetness and joy. Let yourself be with this for a moment as the message from your sacred self is being transmitted to you now through your heart. Allow yourself to be open to receive this blessing.

As you receive, you will begin to feel a stirring of remembering. Senses perhaps you have been unaware of, are now opening up and awakening. The pathway of recognizing and remembering is igniting, expanding and developing.

This is a new beginning for you. As you approach each new moment of your life, you can feel a greater connection to your true self. As you do, pathways will open, presenting opportunities for further advancements in knowing your divine nature, your sweet truth and what you planned for your life journey.

Communing with yourself in this conscious way, will waken you to your innate abilities, to create all that you desire to live and experience. Begin to know yourself in a new way, as an awakened being, living your truth.

The time will come when your innate gifts and abilities will become second nature to you. You will be in a constant flow of loving communion with your sacred self. This is your destiny.

Open up to your heart and hear the messages that come to you. Allow yourself to blossom into the won-

der that you already are. This is your dream. This is your heart/s desire and you are ready.

Be in peace, live in joy, and know that you are receiving assistance. You are loved, guided and supported always.

Awaken to your wonder and live the life you have dreamed of. It is time My Beloveds, for you to fulfill your heart's desires. All has been prepared for you. Step forward in surety knowing these truths, for the promise is being fulfilled."

With great love,
Your Beloved Mother

SPECIAL OFFERING

If you would like some assistance, releasing random inner dialogue stimulated from Ego Program file, I am offering you a discount on a private session, where I utilize SVH quantum-level reprogramming, going after seeds and foundations that are fueling the ego program file. This will give you an amazing big clearing of much that has held you from your dreams. You will feel a great sense of freedom and peace. Mention this article and receive 20% discount. Chanulanaha blessings.

Jan Diana is an intuitive healer, spiritual teacher, and master practitioner. Her mission is to assist clients & students in creating harmony, balance, heightened levels of clarity, develop innate gifts & abilities, empowering them on their personal evolution to create the dreams of their heart. She utilizes several modalities including SVH L3M, Animal healing, GHM, Language of love, Reiki Master, and more. Sessions and Classes by phone.

You can reach her at website www.sunshineinyourheart.com or by email sunsinyourheart@aol.com. Free meditation journeys, articles, & classes. http://www.sunshineinyourheart.com/free_telecasts.html



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