

My Beloved Children,

"It is with joy that I greet you this day, for even just the thought of you brings As we ponder on this, I wish for you to me such delight! The message I wish see you as I see you. I see you as the to share with you today is one of hope, children of great promise with unlimfor your days of now and your days of ited potential. You consciously chose to tomorrow are filled with great promise.

the bud or do you see the flower in its dreams. beginning of fully blossoming? You see things flow in the ideal will it not?

your head above ground and have begun the process of becoming the sweetness of the flower blooming in all of your glory.

you would like to be. This has been part struggle or what seems like lack. of your journey, your adventure in living life.

your life. Look upon yourself in wonder ing in a world that has been experienc- of heart are budding. ing polarity, or resistance energy. This has offered you many opportunities to live and express and yet perhaps you feel you have not been able to fully live

the dreams your heart calls out to experience.

come and experience life on Earth knowing that the time would come when you What do you see when you look upon would be able to move beyond all that a budding flower? Do you just see seemingly was holding you from your

within the bud is the beginning of what This is that time My Beloveds, for you is to come. The flower will bloom as are at the precipice of great change for yourself and for Beloved Mother Earth, Gaia. You are remembering more and Think of yourself as similar to this beau- more of your truth of light, and as you tiful budding flower. You have already embrace this truth, you shine ever so been planted as a seed, taken root, brightly into the places that have perhaps developed your root system, poked seemed in the shadows or unreachable, lighting the pathways of your dream tomorrows into reality.

As you begin to recognize and accept your divine truth, you can begin to feel You may have had some issues along the hope that shines every so brightly. the way, perhaps some storms to weath- Hope for your life experience to move er, or rocks that seem to block where into greater joy, free of pain, sorrow,

These have perhaps played roles in your experiences, and now you desire Today let us ponder together on you and to have some new experiences of a life that is filled with joy, comfort, vitality and and amazement. You have been liv- abundance of all kind. Yes, your dreams You might ask, how can I move beyond open up so many doors leading to the sired into the promise of a life filled with all my hearts desires? Let me share with This is your time to blossom and shine you first and foremost that you are great your beautiful truth. This is the hope that masters of light in the process of remem- I share with you today for now is the bering your brilliance. It is only a matter time you can dream of your truth and of choice and timing, for it is your destiny your hearts desires. Dream them into to remember and experience this truth.

prepare to move into a new way of being, a new way of living and expressing that is only for you to choose and allow perhaps you have not yet experienced yourself to open to a new way of being or even dreamed of. If you choose you and living. In truth, it is the divine way can find the pathways to greater a free- of your true self. It is your destiny. dom, learn master principles and develop vour innate gifts and abilities. There I am here beside you cheering you on, are many wonderful tools and teachers available to assist you when you are remember who you are, for you are my ready.

You can begin to ponder how, when, what are the steps to my freedom to be my truth, what is it that I desire for my life? With your intention of heart, the home." ways and means will open up for you to guide you to your hearts desires. Be With great love, patient and kind with yourself as you develop and grow, just as you care with Your Beloved Mother tenderness for a budding flower preparing to blossom.

Spend some time each day doing what brings you joy, recognizing your wonder, feeling gratitude for your life as it is and as you are choosing it to become. This will assist you in opening up your mind and your heart into greater acceptance of the sweet vibrations of joy and appreciation. These lighter vibrations can

the experiences that are less then de- opportunities you have been longing for.

being your reality. You can my beloveds, for you are my children of heart shining It is a time of great excitement as you with such brightness, filled with infinite potentials and limitless possibilities. It

> lighting pathways of joy. Chanulanaha, Beloved Children of heart. You are love. You are loved.

> Hope shines ever so brightly, lighting the pathways of your heart, the pathways to

As a Gift I am offering you a Free Tele-Class, "Free to Be"

Learn how to release much of what is blocking your true vision of purpose and self.

Open to a new empowering perspective of yourself and your life.

Experience more of your truth as you journey to a sacred place, which you will remember in great joy. Begin a new chapter in the new story of your life, embracing more of your sacred truth and purpose. This class will assist to open you to the dreams of your heart.

Note: Register by subscribing by email at: www.sunshineinyourheart.com

(if the time is not convenient, register to receive the recording when available)

NEW Course: Enhancing your innate abilities through Angel Communication: develop and heighten your clairaudience, clairsentience, clairvoyance, claircognizance. Contact me for information on this fun course.

Jan Diana is an intuitive healer, spiritual teacher, and master practitioner.

Her mission is to assist clients and students in creating harmony, balance, heightened levels of

heightened levels of clarity, develop innate gifts and abilities, empowering them on their personal evolution to create the dreams of their heart. She utilizes several modalities including SVH L3M, Animal healing, GHM, Language of love, Reiki Master, and more.

Sessions and Classes by phone. If you have questions or would like to set up a session, you can reach her at website www.sunshineinyourheart.com

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