

My Beloved Children

"It is with great joy that we greet each other this day. Today begins a new page in the chapters of your most glorious journey of heart.

Take a few moments to ponder upon your life as it has unfolded up to this moment. You have experienced many different moments; some of great joy and happiness Let me share with you how you can reach while some perhaps were painful and upsetting for many reasons.

Let us celebrate all that you have experienced thus far, for it has flavored you with who you are today. Let us be in gratitude ing it. for the blessing of life itself with its many ups and downs, for life is the grand adven- After you have a vision, it is important to ture.

let us begin a new chapter free of any thoughts of experiences of less than you might have chosen or desired. Let us make you, the pathways will be made known to a new plan for a new chapter with our focus you. on the desires of your of heart.

Take a few moments to ponder on what story, the old chapters of your life, celebrate you would really love to experience in your life. What would bring you great You are in a new day every day. Each day joy? What have you always dreamed of experiencing and enjoying in your life? As you ponder on this topic, let us set aside journey. The key is to see each day as new, all the reasons your mind may bring up on live in the moment, and be open to the flow why you cannot have these dreams. This of what is now available to you. is a time to dream freely without thoughts of what has been or even what you think As you let go of the past, bless it, celebrate is impossible.

Let us ask the Angels that are working with you to hold you in such a loving space that you will feel greater freedom to your mastery and the life of your dreams. dream. As you are dreaming, make a list of

what you would like to see happen in this New Year.

This year is filled with promise and potentials for dreams to be realized more than ever. The sweet energy of Earth supports you in manifesting your hearts desires in greater ease and grace than has been available before.

these dreams more easily. First, you must have an idea of what you would like to have happen. In order to manifest your dream you will need a clear vision of it so that you can focus your thoughts on creat-

clear blocks that might potentially block you from realizing that dream. There are Now after you have reflected on the past, many tools that are available to help you with this. If you open your mind and heart asking to be guided to what tools can assist

> Next it is important to let go of the old them and release attachment to them. the energy is different, each moment the energy is different. Life is a flowing

it and celebrate YOU. You are amazing and have come this far in your sacred journey. Now you can begin a new chapter, with conscious choices that support you,

It is as simple as that, yet it takes focus where all is possible. It is time for play. It and action. This is part of your personal is a time to be lighthearted. It is a time to journey of remembering who you truly bask in the joy of the loving nature that you are, and developing your mastery. It is a are. journey of recognizing your divine truth. Within this grand adventure, there are Each of you has a divine purpose and limitless potentials for you to elevate, to plan which you have within your heart. expand, and to experience what will lead Open up to this truth and allow yourself you to become the great master that you to be guided by your knowing self. There are.

Today and every day I celebrate you My desire and choose. Beloveds for you have been on such an Your heart has been calling out for these dream, dream. times and now you have arrived.

each day, and this year be the best in your your dream. life. You have been climbing a mountain. Now you are nearing the top where the This is the time you have dreamed into blossoming.

and be in joy.

You have the ability to do all that you path." desire for you are my children. Each of you is endowed with the innate abilities and gifts to make your journey all that you With great love, desire it to be.

Together we are creating a New World

are ways and means to develop these skills which you will be guided to as you

amazing journey. Here you are now, at The joy of remembering is so sweet. Bea place that you have co-created with gin your new chapter with a song in your your brothers and sisters. You are ready heart. Let your heart guide you, let go of for the next Chapters in your book of life. the past of limiting thoughts and dream,

Focus on your visions. Make a plan and You have the choice to make this day, take the action steps that will lead you to

view is clearer and your understanding is being. Open your heart and allow the blessings to flow.

Let go of the old stories, the old ways of You are ready my sweet ones. I hold your being and thinking. Take the next steps dreams in my heart with you. I cheer you on your journey in awareness, fostering on, holding the vision of your grandness your personal empowerment and mastery. always for I know your truth. You are My Love yourself, love your life love all that is Beloved children, filled with wonder and great promise.

Choosing to create and live what brings May you find your dreams and begin your your heart joy is the way of further expan- new chapter in hope, joy and a sense of sion and the pathway of great wisdom. inner peace in knowing you are on your

Your Beloved Mother

As a Gift I am offering you a Free Tele- Class, "Dream your Dreams"

Take a journey to a place where you can create your dreams easily. Enjoy what it feels like to have no limitations on what you desire to create. Receive a tool that will assist you in letting go of the old stories, allowing you to move into greater personal empowerment.

Your heart will sing in joy as you remember more of your truth.

Note: Register by subscribing by email at: www.sunshineinyourheart.com

(if the time is not convenient, register to receive the recording when available)

Jan Diana is an intuitive healer, spiritual teacher, and master practitioner.

Her mission is to assist clients and students in creating harmony, balance, heightened levels of clarity, develop innate gifts and abilities, empowering them on their personal evolution to create the dreams of their heart. She utilizes several modalities including SVH L3M, Animal healing, GHM, Language of love, Reiki Master, and more.

Sessions and Classes by phone. If you have questions or would like to set up a session, you can reach her at website www.sunshineinyourheart.com

or by email sunsinyourheart@aol.com

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